

Cyber- Sisterhood

Tau Iota Mu Psi, Inc.

October 2018

INSIDE THIS ISSUE

1. #TIMW Podcasting
2. Sister-Giving
3. Seasonal Sisterhood
4. Sisterhood Spring Retreat
5. Referral Bonus

“Our sisterhood is a place of unity, loyalty, trust and genuine love....”

#TIMW Podcasting

Features and Topics

Welcome ladies, Stripping Down: A Blogger's Diary Podcast is all about diving into the relationship pool one day and one fuck boy at a time! With Lisa, you can listen, read and discuss via any one of the blogs written at www.lisakstephenson.com/podcast.

Ladies, we have to stick together and nope, no one here is going to judge you or make you feel foolish for loving the wrong man, but what we will do is help you to ensure that it does not happen again!!

Episodes:

Week 1: Mr. Superficial

Week 2: Cheating vs. Leaving

Week 3: #TIMW what does it mean to be independent?

Week 4: Adult Relationship

Week 5: Roommate Love

Week 6: The Tag along Relationship

Week 7: Equality

Week 8: How to get a guy in 60 Days

Sister-Giving

Skills in Leadership

As female entrepreneurs we face many challenges in the workplace from generating revenue, to building a sisterhood, confidence, alliances, emotional stability and overcoming perfectionism to name a few. With our Sister-Giving program members of Tau Iota Mu Psi, Inc. who serve as leaders can experience this one stop opportunity to attend classes on how to alleviate the stresses that comes along with managing the C-suite or in most cases owning and running their small business. Ladies can attend these classes along with their executive employees for a small quarterly fee. Rather than investing in employee teambuilding programs individually for your commerce, join us in one setting as we seek to minimize costs

while expanding our business endeavors and knowledge. Author of the book Emotional Intelligence, Daniel Goldman once said, "The business leaders don't know just one style of leadership-they're skilled at several, and have the flexibility to switch between styles as the circumstances dictate."

**** Podcasting****

See a topic of interest and want to be a feature guest on our show? Just email your request to lisakouture@gmail.com

“Each week get my best thoughts, insights, tips, techniques and advice for FREE!”

Subscribe today:

<https://lisakstephenson.com/podcast>



Westchester County Launch Luncheon

Eat. Shop. Sip

The ladies of Tau Iota Mu Psi, Inc. present their first annual Launch Luncheon. The Luncheon will feature many top business owners introducing their products and/or services! New York City's very own Lisa K. Stephenson hopes to bring together both men and women for a chance to learn of new companies, explore new health options and partake in a series of entertaining activities for the chance to win exquisite prizes and getaways. Business awards will also be presented at this luncheon; we ask that all candidates submit their applications prior to our [deadline date](#). Industries such as: fashion, culinary, arts, technology and much more will be present, displaying their hard work and networking amongst one another for their opportunity to build new clientele and work simultaneously in an effort to bridge together the members of their communities.



Peach & Gold Gala

Seasonal Sisterhood

Venue of Stamina

Whether you are a mother, daughter, full-time student, employee or otherwise, this peaceful getaway is for you! The Cyber-Sisterhood Spring Retreat will have you feeling rejuvenated over our 3-day Poconos excursion.

For a small fee you can enjoy a 3-day getaway inclusive of the following: Transportation, Sisterhood Survival Kits, Venue of Stamina Yoga Class, Mind and Body Building; Hiking the Trail, The Element of Surprise and our Sisterhood Giveaway Prize.

Sisterhood Survival Kits:

1. Pocket Flash Light
2. Canteen
3. Band-Aids and much more...



Merchandising

“Are you a female entrepreneur? If so, this is the networking event for you!”

The Lemon Water Detox: Start your day with a tall glass of warm lemon water, good for digestion and liver inflammation. This is highly recommended by Lisa K. Stephenson as she follows this routine daily as part of her ongoing diet. Additionally, the benefits of this detox are: 1. improves energy and mood. 2. Enhances immunity and 3. Keeps skin glowing...

Kale is a superfood that has 35,000 international units of vitamin A. The Kale diet shake: Dinosaur Kale (1 handful), Pineapple (half cup), Water (half up), 2-4 minutes blend. Aside from weight loss, Kale is loaded with substances that are said to be great for fighting off cancer.

Birthdays & Shout-outs

Happy Birthday!

We have been missing some birthdays, please take this time to forward via email your birthday so we may continue to give shout-outs and recognize our sisters on their special day!



Prizes and Referral Bonus

Want to win a fee \$200.00 Best Buy gift card? Of course, you do! Well, to earn this gift, just refer a friend to our organization and have them sign up for our Golden Greek membership and hey! You have won! Also, you can earn up to 25% of the Golden Greek membership fee for every candidate you refer.



Reminder: Peach & Gold Gala

When: March 9, 2019

Where: Atlanta, GA

www.lisakstephenson.com/store